



## Country-Style Pear Dumplings

*Prep: 35 minutes    Bake: 40 minutes    Makes 2 dumplings*

### Ingredients

- 2 portions Basic Pastry Dough (Recipe Center)
- 2 tablespoons finely chopped pecans, almonds, or walnuts
- 1 tablespoon brown sugar
- 1/4 teaspoon finely shredded orange or lemon peel
- Dash ground cinnamon
- 2 small pears
- 1 slightly beaten egg white
- 1 tablespoon water
- Sugar
- Half-and-half or light cream (optional)

1. Prepare Basic Pastry Dough as directed. Cover 2 portions & set aside. Lightly grease an 8"x 8" x2" baking dish. Set baking dish aside.
2. In a small bowl stir together the pecans, almonds, or walnuts; brown sugar; orange or lemon peel; and cinnamon.
3. Peel pears. Core the pears from the bottom, leaving the stems in place. Press half of the nut mixture into the center of each pear.
4. On a lightly floured surface, roll each portion of pastry dough into a 7" or 8" square. Place a pear in the center of each square. Moisten the edges of the pastry with water. Bring the pastry up around the pear, pleating and pressing to seal around the stem. Roll the pastry back slightly to expose the stem. Place the wrapped pears in the prepared baking dish.
5. In a small bowl stir together the egg white and water. Brush egg white mixture over the wrapped pears. Sprinkle with sugar. Bake in a 375° F oven about 40 minutes or until the pears are tender and pastry is golden. Cover pears loosely with foil the last 10 to 15 minutes of baking to prevent over-browning. Serve warm. If desired, serve with half-and-half or light cream.



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